

### Client Intake Information

Please complete this form as accurately as possible in order to identify the services that will best meet your needs.

Today's Date: \_\_\_\_\_

Last Name: \_\_\_\_\_

First Name: \_\_\_\_\_

Nickname/preferred name: \_\_\_\_\_

Gender Assigned at Birth: \_\_\_\_\_

Preferred Pronouns: \_\_\_\_\_

Date of Birth: \_\_\_\_\_

Age: \_\_\_\_\_

Race: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_

State: \_\_\_\_\_

Zip: \_\_\_\_\_

Home Phone: \_\_\_\_\_

Cell: \_\_\_\_\_

Email: \_\_\_\_\_

Marital Status: \_\_\_\_\_ Spouse/Partner's Name: \_\_\_\_\_

Is it okay to leave phone messages?

YES       NO

Is it okay to send text messages?

YES       NO

### Insurance Information

Name of Insurance Company: \_\_\_\_\_

Insurance Contact Number: \_\_\_\_\_

Name of Policy Holder: \_\_\_\_\_

Member ID #: \_\_\_\_\_

Group Policy #: \_\_\_\_\_

Date of Birth of Policy Holder: \_\_\_\_\_

Address of Policy Holder: \_\_\_\_\_

Relationship to Policy Holder: \_\_\_\_\_

**Counseling History and Current Concerns**

List any previous counseling experiences.

Date	Provider	Reason

How would you describe your health? \_\_\_\_\_

Please list any medical concerns you are having:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Current Medications	Reason for Medication

\*Please bring a list of any additional medications to your initial appointment.

Primary Care Doctor: \_\_\_\_\_ Phone: \_\_\_\_\_

Any specialists seen: \_\_\_\_\_

**Please describe the reasons you are seeking counseling at this time:**

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Please check any of the following which apply to you:**

- |   |  |
|---|--|
| <input type="checkbox"/> Depression                         | <input type="checkbox"/> Anger Issues                          |
| <input type="checkbox"/> Drug/Alcohol Problems              | <input type="checkbox"/> Anxiety                               |
| <input type="checkbox"/> Grief                              | <input type="checkbox"/> LGBTQ+ Issues                         |
| <input type="checkbox"/> Anorexia/Bulimia/Disordered Eating | <input type="checkbox"/> Problems at Work/School               |
| <input type="checkbox"/> Family Problems                    | <input type="checkbox"/> Marriage/Relationship Issues          |
| <input type="checkbox"/> Abortion/Miscarriage               | <input type="checkbox"/> Financial Problems                    |
| <input type="checkbox"/> Stepfamily Issues                  | <input type="checkbox"/> Gambling                              |
| <input type="checkbox"/> Adoption Issues                    | <input type="checkbox"/> Mood Swings                           |
| <input type="checkbox"/> Physical/Mental/Sexual Abuse       | <input type="checkbox"/> Behavioral Problems                   |
| <input type="checkbox"/> Stress                             | <input type="checkbox"/> Parenting Concerns                    |
| <input type="checkbox"/> Legal Problems                     | <input type="checkbox"/> Trauma                                |
| <input type="checkbox"/> Self-esteem Issues                 | <input type="checkbox"/> Self-Harm/Suicidal/Homicidal Thoughts |
| <input type="checkbox"/> Divorce                            |  |

**Are you having current suicidal or homicidal thoughts?**

- YES       NO

**Do you have an active plan or intent to harm yourself or anyone else?**

- YES       NO